#### **WELCOME TO ASCENSION**

# SAVE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITANCE

"NOTHING EMBITTERS A PERSON MORE THAN SUFFERING. BUT WHEN IT IS CONSECRATED TO GOD, IT BECOMES HOLY"

THOMAS MERTON

#### Sun June 15 **SUNDAY OF All SAINTS** Father's Day

Heb 11:32-12:2 Mt 10:32-33. 37-38&19:27-30 Tone 8

11:00 Divine Liturgy For Our Fathers

After -Hospitality and Security Team Meeting

<u>Tue June 17</u> 8:30 D.L + Wolodymyra , Julian & Myron Shuter by Fr. Alex 5:15pm – BIBLE STUDY

Wed June 18 8:30 D.L For HGB Dr. Anthony T Carter by Fr. Alex After - Moleben to the Theotokos

Thu June 19 8:30 D.L For HGB Dr. Nadia Shockley by Fr. Alex

6:00pm - ROSARY- Prayer For Peace in Our Country & for Protection and Healing of all illnesses by Men's Club

Sat June 21 1:00pm Church Cleaning Hours

## Sun June 22 2<sup>nd</sup> SUNDAY OF All SAINTS

Rom 2:10-16 Mt 4:18-23 Tone 1

11:00 Divine Liturgy For Our Parishioners who are in need of special prayer.

After -Hospitality and Security Team Meeting

## Father of all comfort,

I declare today, not just in words but from my heart, directing my mind as I say this: Nothing is impossible with God. Every word from God is pure, He is a shield unto those who trust in him (Proverbs 30:5). You ARE my shield and you have said that whilst we mustn't put you to the test, we can truly trust you. When we turn to you in prayer, you run to us as you run to the prodigal son. So I put my hope in you today and the power of your beautiful Holy Spirit. You know my weaknesses and failings. My situation. Help me to walk with you in faith. Today and every day. I love you Lord. Help my life to match those words. In Jesus' name, Amen.

Parish Activities: All activities should be recorded on the <u>main calendar</u>. Please write in the activity you are responsible for and let Fr. Alex know the details so he can include it in the bulletin.

#### Ascension Advisory board members.

Fr. Alex (Pastor)-Security; David Efimizt & Dr. Micheal Lechman-Trustees; Betty May Hertz-outreach; Michelle Massie- Property; Sb. Dicon Adithia Kusno-Facebook-Young Adult Education; Patricia Duttry-Book Keeper; Don Merkley, Website; Lee Alexander-Men's Club President; Dr. Micheal Lechman-Adult Bible Study; Lisa Edwards-Children's Christian Formation Director-Liturgical Committee; Ann Merkley-Bookstore Manager

# SPECIAL ORDERS WELCOMED.

Many unique items come into the shop weekly. We have a great selection of special-occasion gifts and religious items unique to the Williamsburg area, including a wide selection of spiritual books, music, icons and devotional and inspirational articles plus hand-made soaps and local honey. Special orders welcomed.

We have several faithful from Ascension who are in need of special prayer.

Some of those who need special prayer are:

Frank and Chris Janke; Mary Grace Dorsey; Ben Pawers; Betty May Hertz; Emma Bernier; Lolly Vinson; William McGraw; Myron Kotyk; Darren and June Ann Hall; Aurora & Jaime Daquilanea; Ann,Lary, Mary Ann Drumtra & their Family; Elaine Hampton; Dr. Micheal & Linda Lechman; Orysia Stefaniv; Elisabeth Branden; Merly & Teresa Phillips; Mary Sullivan; Mary Saupp; Francis Fenderson; Gareth & Patricia Reeves; Abigail Johnson; Don Wilson & his Family; Johnny Morris; Hazel Reeres; Richard Bapst; Adzima & John Adzima; Michael Derkacz; Retha Williams; Michael & Michaela Bross; Halyna & Micheal; Caroline and Vince Spinella. Thank you. Fr. Alex

Visitors, family and friends: Are you curious, do you have questions or inquirers about our church, icons, Divine Liturgy, or Byzantine Catholic traditions? Someone will be waiting to answer your questions after Divine Liturgy on Sunday mornings in the vicinity of the icon corner at the front of the sanctuary. Don't be afraid to ask, there are no wrong questions.

<u>Liturgy and Candle Requests</u>: Often we want to remember someone and offer special prayers for the departure of a loved one, special occasion, birthday, anniversary, etc. with celebration of a Divine Liturgy or lighting of a candle in front of an icon. To request a liturgy or candle, please complete the form in the appropriate envelope which you will find in the rack on the wall as you enter Ascension church and place it in the Sunday offering basket. Thank you. Fr. Alex.

We will still collect donations for the Ukrainian Humanitarian Cause. You may place your generous gift in the basket with the Ukrainian Flag. You will find it at the Icon Screen. Thank you for your gift of hope!

Fr. Alex

Young Adults, Children, Adult Bible Study Comity: Subdeacon Adithia Kusno, Dr. Michael Lechman, Lisa Edwards. Special Event/Retreat Speakers Comity: David Efimetz, Don Merkley, Dr. Mary Jean Sotack

## **Bible Study: the Book of Genesis**

The next adult Bible study will be held on June 24 from 5:15 to 6:30 PM. The session will cover Genesis Chapters 35 and 36-Lesson 21 in the workbook-Israel Says Goodbye to Rachel.

Respectfully submitted, Dr. Michael Lechman

Please Join us on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday Evening Bible Study of Betta Hall at 5:15pm.

## Happy JUNE BIRTHDAYS

1st Melissa Karlson; 9th Ann Merkley; 9th Matthew Montgomery; 11th Patty Duttry; 12th Anna & Sofia Carden; 14th Lisa Montgomery; 25th Mary Olson; 27th Keith Shockley; 28th Dr. Michael Lechman

## 5 Prayers to Trust God with a Difficult Health Journey

Believers can lean on God's presence, promises, and peace through fear, pain, and uncertainty, offering heartfelt prayers to help navigate physical suffering with unwavering faith and hope.

1. Prayer to Trust God with Questions and Doubts

SLIDE 1 OF 5

"You will keep in perfect peace

all who trust in you,

all whose thoughts are fixed on you!

Trust in the Lord always,

for the Lord God is the eternal Rock." Isaiah 26:3-4 NLT

Dear Father, I'm devastated by what's happening to my health, and I cry out to you, "Why?" Why did you let this happen to me? Why am I going through this? Why am I in such pain, and when will it ever end? Lord, these are my laments that torment me in the dark of night when I can't sleep, and peace won't come? Have I made the right treatment decisions? How long will I feel this bad? How is this all going to turn out?

Holy Spirit surround me with confidence. Give me the peace and solace that only You can provide. As I take these concerns to You, please help me to be quiet and listen for Your answers. Maybe they'll come in a worship song or a Scripture. Maybe it will be words of encouragement from my family and friends. Jesus, I know You cried out in Your time of torment, "If it be Your will, take this cup of suffering from me. Yet I want Your will to be done, not mine." Please, God, give me the trust in You and the same assurance You gave Your Son to surrender to You the outcome and prognosis. Calm my mind and emotions when I can't sleep and remind me to only focus on today, which has enough worries of its own, and let tomorrow rest in Your capable hands. Amen

The Automatic External Defibrillator (AED) is fully operational and located on the wall above the fire extinguisher in St. Phillips Hall. Eight parishioners were certified on the use of the AED on Oct 8,2023 and other parishioners have been certified in the past. Periodic updates will follow. Dr. Michael Lechman

# **God bless America!!!**

Prayer to Guardian Angel

ANGEL OF GOD, MY GUARDIAN DEAR, TO WHOM HIS LOVE COMMITS ME HERE: EVER THIS DAY BE AT MY SIDE, TO LIGHT AND GUARD, TO RULE AND GUIDE. AMEN



# FINANCIALS, June 8 2025

Monthly Dues -112.00; Offertory -356.00; Rental-600.00Candles-17.00; Fuel-0.00; Holyday-0.00; In -1,085.00; Out- 352.97

## **Candles for June**

Sanctuary Lamp...+ Drago Margan by Peter Margan Tetrapod...+ Steven Margan by Peter Margan Theotokos & Child... For Family by Oksana Makowiec John Baptist... For Our Parishioners St Nicholas... For Nicholas Yacknich by Evelyn Yackanich Protection Theotokos... For Our Parishioners

Christ Teacher... + Katharina Margan by Peter Margan

<u>Offertory Recorders</u> are needed for tracking contributions to the parish. Volunteers would work with the bookkeeper, Patty Duttry, after Divine Liturgy to organize and record donations each Sunday. Volunteer for the Sundays you want; multiple volunteers can be put into a schedule to spread the work. Computer data entry experience welcome but it's possible to help with no computer data entry required.

Thank you, Patty

#### To Be a Saint - The Fundamental Importance of the Catholic Family

According to the Catechism of the Catholic Church, "Christ chose to be born and grow up in the bosom of the Holy Family of Joseph and Mary." (CCC 1655). By this example we are shown the way. Is it any wonder then that the world, and in many ways our own government, seeks to alter and pervert that model?

The Catholic Church views the family as a fundamental unit of society. To quote Pope Leo XIV, marriage is "founded upon the stable union between a man and a woman". In a recent homily Pope Leo further declared marriage is "the measure of true love between a man and a woman" and families are "the cradle of the future of humanity". After the confusion wrought by the Church's blessing of same sex couples (Fiducia Supplicans), it is well to consider the importance of the traditional Catholic family, and promote it at every opportunity.

The Catholic Church teaches that the family is the "domestic church," a small reflection of the universal Church. By calling the family a domestic church, the Church emphasizes its sacred purpose. This idea comes from early Christian tradition and has been reinforced in modern teachings. Parents lead this domestic church through their example and guidance. Children participate by learning and practicing the faith. The Catechism of the Catholic Church explains this role in sections like CCC 1655-1658. Together, the family becomes a living witness to God's presence, indeed a reflection of the Holy Trinity (CCC 2205).

This "Domestic Church" called the family, starts with a sacrament provided by the Church; not a private agreement between individuals, not a blessing, but a sacrament. The Sacrament of Matrimony is a sacred covenant between a man and a woman, mirroring the covenant between Christ and the Church. The family, formed through this sacrament, is analogous to a well, which provides a constant source of grace and a means through which individuals grow in holiness. Consequently, the breakup of marriages and families is a departure from this sacred covenant, leading to a loss of grace and spiritual nourishment. The well still exist, but runs dry of spiritual nourishment.

Family roles and responsibilities are shaped by teachings on love, sacrifice, and service. Both fathers and mothers have specific roles which we have discussed before. Combined however, both parents become the primary educators of their children. This duty goes beyond academics to include moral and spiritual formation. The Church expects parents to teach their children about God, prayer, and the sacraments. Parents set the example and model virtues in daily life. By doing so, they prepare their children for a life of faith. Parents are also responsible for ensuring their children receive the sacraments, such as Baptism and Confirmation. This role is not optional but a serious obligation in Catholic belief. Failure to fulfill this duty can weaken the family's spiritual life, and open doors that are better kept closed.

By extension, grandparents play a role. In harmony with the parents, grandparents reinforce parental teaching mostly through example. They also pass down the faith and traditions. In a rapidly changing world, grandparents provide stability, continuity, and confidence. This tradition can be traced back to the

time of Moses, (see Deuteronomy, 4:9).

Children in a Catholic family have their own responsibilities, starting with obedience. Honoring parents is a commandment that carries spiritual weight. This obedience fosters respect and harmony at home. As they grow, children are expected to contribute to family life through chores and other support. They also participate as they can, and according to their understanding, in the family's religious life, and within the parish, thereby developing a relationship and a love for God.

I know, I can hear the laughter from parents, children, yes even some grandparents. You are living in a fantasy Brother Joe. Am I? Honestly, I see effort on the part of most Catholic families I know, to lead this good traditional family life. In fact, I believe it is making a comeback of sorts as young families are seeking an alternative to the lifestyle promoted by modern culture and the nanny state, both of which seeks to control your children at an early age.

This resurgence of traditional values and morals on the part of young families is a beautiful thing to behold. It takes effort and commitment by both parties joined in holy matrimony. It takes a routine of prayer, and a degree of spiritual life including the sacraments. It includes setting high personal moral standards. Most of all it takes determined, unabashed love of family, and an abiding trust in God's Providence.

Yours in Christ Brother Joseph

"Like Heaven, a Catholic parish is comprised of family, there are no strangers."

For new members of the parish, the Men's Club and Carpathian Kitchen events are among the many ways to be involved and become family.

## Men's Club

SAVE A DATE FOR ... The Men's Club presentation of - A Mid-Summer's Night Chicken

Dinner! Tuesday, July 15th, 6pm in the church hall. Dinner starts at 6pm followed by a

presentation from Ms. Jill Holroyd concerning the 50 years of service of FISH in the Williamsburg

area. Best of all, its free!!! Fried chicken, potato salad, coleslaw, baked beans, corn on the cob,

etc...

<u>In order to determine what to plan for we will ask for those coming to sign up after liturgy on Sunday leading up to the event.</u>

#### Carpathian Kitchen -

The Kitchen will be back in action soon. We could use volunteers for our next pierogi production run scheduled for 27-27 June. That Friday will be preparing the filling. On Saturday we will press out the pierogi (potato and cheese this time). It is on Saturday we will need the most help. There will also be a potluck after work on Saturday. All proceeds go to local charity.

## Psalm 1

# Blessed are they who hope in the Lord.

Blessed the man who follows not the counsel of the wicked Nor walks in the way of sinners, nor sits in the company of the insolent, But delights in the law of the LORD and meditates on his law day and night.

# Blessed are they who hope in the Lord.

He is like a tree planted near running water, That yields its fruit in due season, and whose leaves never fade. Whatever he does, prospers.

# Blessed are they who hope in the Lord.

Not so, the wicked, not so; they are like chaff which the wind drives away. For the LORD watches over the way of the just, but the way of the wicked vanishes.

Blessed are they who hope in the Lord.

# Psalm 95

# If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD; let us acclaim the Rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

# If today you hear his voice, harden not your hearts.

Come, let us bow down in worship; let us kneel before the LORD who made us. For he is our God, and we are the people he shepherds, the flock he guides.

# If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice:

"Harden not your hearts as at Meribah,
as in the day of Messiah in the desert,
Where your fathers tempted me;
they tested me though they had seen my works."

If today you hear his voice, harden not your hearts.

Even though I walk in the dark valley I fear no evil; for you are at my side.

The LORD is my shepherd; I shall not want. In verdant pastures he gives me repose; Beside restful waters he leads me; he refreshes my soul.

Even though I walk in the dark valley I fear no evil; for you are at my side.

He guides me in right paths for his name's sake.

Even though I walk in the dark valley I fear no evil; for you are at my side With your rod and your staff that give me courage.

Even though I walk in the dark valley I fear no evil; for you are at my side.

You spread the table before me in the sight of my foes;
You anoint my head with oil;
my cup overflows.

Even though I walk in the dark valley I fear no evil; for you are at my side.

Only goodness and kindness follow me all the days of my life;
And I shall dwell in the house of the LORD for years to come.

Even though I walk in the dark valley I fear no evil; for you are at my side.

#### Psalm 16

Keep me safe, O God; you are my hope.

Keep me, O God, for in you I take refuge; I say to the LORD, "My Lord are you." O LORD, my allotted portion and my cup, you it is who hold fast my lot.

Keep me safe, O God; you are my hope.

I bless the LORD who counsels me; even in the night my heart exhorts me. I set the LORD ever before me; with him at my right hand I shall not be disturbed.

Keep me safe, O God; you are my hope.

Therefore my heart is glad and my soul rejoices, my body, too, abides in confidence;
Because you will not abandon my soul to the nether world, nor will you suffer your faithful one to undergo corruption.

Keep me safe, O God; you are my hope.

You will show me the path to life, fullness of joys in your presence, the delights at your right hand forever.

Keep me safe, O God; you are my hope.

## Psalm 138

Your right hand saves me, O Lord.

I will give thanks to you, O LORD, with all my heart,

for you have heard the words of my mouth; in the presence of the angels I will sing your praise; I will worship at your holy temple, and give thanks to your name.

Your right hand saves me, O Lord.

Because of your kindness and your truth, you have made great above all things your name and your promise.

When I called, you answered me; you built up strength within me.

Your right hand saves me, O Lord.

Your right hand saves me.

The LORD will complete what he has done for me; your kindness, O LORD, endures forever; forsake not the work of your hands.

Your right hand saves me, O Lord.

#### Psalm 113

The Lord will give him a seat with the leaders of his people.

Praise, you servants of the LORD, praise the name of the LORD.

Blessed be the name of the LORD both now and forever.

The Lord will give him a seat with the leaders of his people.

From the rising to the setting of the sun is the name of the LORD to be praised. High above all nations is the LORD; above the heavens is his glory.

The Lord will give him a seat with the leaders of his people.

Who is like the LORD, our God, who is enthroned on high and looks upon the heavens and the earth below?

The Lord will give him a seat with the leaders of his people.

He raises up the lowly from the dust; from the dunghill he lifts up the poor To seat them with princes, with the princes of his own people.

The Lord will give him a seat with the leaders of his people.

#### Psalm 104

Lord, send out your Spirit, and renew the face of the earth.

Bless the LORD, O my soul!
O LORD, my God, you are great indeed!
How manifold are your works, O LORD!
the earth is full of your creatures.

Lord, send out your Spirit, and renew the face of the earth.

May the glory of the LORD endure forever; may the LORD be glad in his works! Pleasing to him be my theme; I will be glad in the LORD.

Lord, send out your Spirit, and renew the face of the earth.

If you take away their breath, they perish and return to their dust.

When you send forth your spirit, they are created, and you renew the face of the earth.

Lord, send out your Spirit, and renew the face of the earth.

#### Psalm 11

The LORD is in his holy temple; the LORD's throne is in heaven. His eyes behold, his searching glance is on mankind.

The just will gaze on your face, O Lord.

The LORD searches the just and the wicked;

the lover of violence he hates.
For the LORD is just, he loves just deeds;
the upright shall see his face.

The just will gaze on your face, O Lord.

### Psalm 103

The Lord has established his throne in heaven.

Bless the LORD, O my soul; and all my being, bless his holy name. Bless the LORD, O my soul, and forget not all his benefits.

The Lord has established his throne in heaven.

For as the heavens are high above the earth, so surpassing is his kindness toward those who fear him.

As far as the east is from the west, so far has he put our transgressions from us.

The Lord has established his throne in heaven.

The LORD has established his throne in heaven, and his kingdom rules over all.

Bless the LORD, all you his angels, you mighty in strength, who do his bidding.

The Lord has established his throne in heaven.

#### Psalm 15

He who does justice will live in the presence of the Lord.

He who walks blamelessly and does justice; who thinks the truth in his heart and slanders not with his tongue.

He who does justice will live in the presence of the Lord.

Who harms not his fellow man, nor takes up a reproach against his neighbor;

By whom the reprobate is despised, while he honors those who fear the LORD.

He who does justice will live in the presence of the Lord.

Who lends not his money at usury and accepts no bribe against the innocent.

He who does these things shall never be disturbed.

He who does justice will live in the presence of the Lord.

#### Exodus 15

Let us sing to the Lord; he has covered himself in glory.

I will sing to the LORD, for he is gloriously triumphant; horse and chariot he has cast into the sea.

My strength and my courage is the LORD, and he has been my savior.

He is my God, I praise him; the God of my father, I extol him.

Let us sing to the Lord; he has covered himself in glory.

# The LORD is a warrior, LORD is his name! Pharaoh's chariots and army he hurled into the sea; the elite of his officers were submerged in the Red Sea.

Let us sing to the Lord; he has covered himself in glory.

The flood waters covered them, they sank into the depths like a stone. Your right hand, O LORD, magnificent in power, your right hand, O LORD, has shattered the enemy.

Let us sing to the Lord; he has covered himself in glory.

#### Psalm 69

Turn to the Lord in your need, and you will live.

I am sunk in the abysmal swamp where there is no foothold;
I have reached the watery depths; the flood overwhelms me.

Turn to the Lord in your need, and you will live.

But I pray to you, O LORD, for the time of your favor, O God! In your great kindness answer me with your constant help.

## Turn to the Lord in your need, and you will live.

But I am afflicted and in pain; let your saving help, O God, protect me; I will praise the name of God in song, and I will glorify him with thanksgiving.

# Turn to the Lord in your need, and you will live.

"See, you lowly ones, and be glad; you who seek God, may your hearts revive! For the LORD hears the poor, and his own who are in bonds he spurns not."

Turn to the Lord in your need, and you will live.

#### Psalm 106

# Give thanks to the Lord, for he is good.

Our fathers made a calf in Horeb and adored a molten image; They exchanged their glory for the image of a grass-eating bullock.

# Give thanks to the Lord, for he is good.

They forgot the God who had saved them, who had done great deeds in Egypt, Wondrous deeds in the land of Ham, terrible things at the Red Sea.

Give thanks to the Lord, for he is good.

Then he spoke of exterminating them, but Moses, his chosen one, Withstood him in the breach to turn back his destructive wrath.

Give thanks to the Lord, for he is good.

#### Psalm 99

Holy is the Lord our God.

Extol the LORD, our God, and worship at his footstool; holy is he!

Holy is the Lord our God.

Moses and Aaron were among his priests, and Samuel, among those who called upon his name; they called upon the LORD, and he answered them.

Holy is the Lord our God.

From the pillar of cloud he spoke to them; they heard his decrees and the law he gave them.

Holy is the Lord our God.

Extol the LORD, our God, and worship at his holy mountain; for holy is the LORD, our God.

Holy is the Lord our God.

#### Psalm 95

If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD; let us acclaim the Rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

If today you hear his voice, harden not your hearts.

Come, let us bow down in worship; let us kneel before the LORD who made us. For he is our God, and we are the people he shepherds, the flock he guides.

If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice:
"Harden not your hearts as at Meribah,
as in the day of Massah in the desert,
Where your fathers tested me;
they tested me though they had seen my works."

If today you hear his voice, harden not your hearts.

#### Psalm 106

## Remember us, O Lord, as you favor your people.

We have sinned, we and our fathers; we have committed crimes; we have done wrong.

Our fathers in Egypt
considered not your wonders.

# Remember us, O Lord, as you favor your people.

But soon they forgot his works; they waited not for his counsel. They gave way to craving in the desert and tempted God in the wilderness.

# Remember us, O Lord, as you favor your people.

They forgot the God who had saved them, who had done great deeds in Egypt, Wondrous deeds in the land of Ham, terrible things at the Red Sea.

Remember us, O Lord, as you favor your people.

Then he spoke of exterminating them, but Moses, his chosen one, Withstood him in the breach to turn back his destructive wrath.

Remember us, O Lord, as you favor your people.

#### Psalm 97

The Lord is king, the Most High over all the earth.

The LORD is king; let the earth rejoice; let the many islands be glad.
Clouds and darkness are round about him, justice and judgment are the foundation of his throne.

The Lord is king, the Most High over all the earth.

The mountains melt like wax before the LORD, before the LORD of all the earth.

The heavens proclaim his justice, and all peoples see his glory.

The Lord is king, the Most High over all the earth.

Because you, O LORD, are the Most High over all the earth, exalted far above all gods.

The Lord is king, the Most High over all the earth.

## Psalm 85

The Lord speaks of peace to his people.

I will hear what God proclaims; the LORD–for he proclaims peace To his people, and to his faithful ones, and to those who put in him their hope.

The Lord speaks of peace to his people.

Kindness and truth shall meet; justice and peace shall kiss. Truth shall spring out of the earth, and justice shall look down from heaven.

The Lord speaks of peace to his people.

The LORD himself will give his benefits; our land shall yield its increase. Justice shall walk before him, and salvation, along the way of his steps.

The Lord speaks of peace to his people.